

OPALESCENCE WHITENING

1. Store trays in container provided. Unused syringes may be placed in refrigerator for future whitening for up to 24 months.
2. Before whitening, brush your teeth. *Note:* It is suggested that you dry your teeth prior to placing trays in mouth.
3. Trays should be completely dry before solution is placed. Place solution evenly into the deepest portion of tray and toward the facial side of tray.
4. Place trays in mouth and gently press to move gel into place. Pressing too firmly will move gel out of the tray causing tissue irritation.
5. For best results wear trays for 2-3 hours.
6. Do not eat, drink or smoke while whitening.
7. After removing trays rinse mouth with warm water &/or brush with a wet toothbrush. Do not use toothpaste and do not swallow.
8. Brush trays with wet toothbrush (no toothpaste) and rinse thoroughly, dry and place back into container provided.
9. Do not consume anything staining for 2 hours following removal of whitening trays.
10. If sensitivity occurs discontinue use and instruct patient to call our office at 792-0997.

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